



ANNUAL REPORT

2017-18

PRERNA SOCIAL DEVELOPMENT & WELFARE SOCIETY

www.theprernango.in

Services & Support

EDUCATION

SHELTER HOMES

FOOD DISTRIBUTION

HEALTH CARE

DAY CARE CENTER

OLD AGE DAY CARE

WOMEN EMPOWERMENT

VOCATIONAL TRAINING

SUMMARY

In 2006, PRERNA Organization was identified a nonprofit and non political organization which can into existence with registration into society act. Over the periods PRERNA has made glorious achievement after significant strides by facing many challenges. Each project was initiated by identifying the needs of the people and implemented successfully by working at grassroots level. All our projects operate & manage through our head office located in Delhi. We are a group of 18 directors, 250 employees and 46 volunteers who have shared the vision and mission of the organization and working collectively, in all over the state of India, to accomplish our goals. We have developed the programs and projects over the periods with vision to improve the lives of the underprivileged people especially street children. More than 30 employees have been working in the field and communicating directly with the people in slum and communities across the Indian states. We have made our presence mainly in Uttar Pradesh, Himachal Pradesh, Haryana, Punjab and Delhi. We are working on wide spectrum of development in the society which is followings. The organization took the primary initiative in the field of education, shelter homes and food distribution for the underprivileged and marginalized people. In 2011, the organization came forward in cooperation with government to build up shelter homes and provided shelter to homeless people. More than 13 thousand people have been replaced from foot path to shelter home. In the field of education, more than 70 Thousand children have been enrolled into school or are providing non formal education through education centers across the various states of India. To promote good health, organization has been conducting medical health check up and cancer detection camps over 12 years. 2098 people benefited from the health camp. Prerna Social Development & Welfare society has grown immensely over the years.

Message from the Founder

I am pleased to present achievements of PRERNA Social Development & Welfare Society in the annual report for the year 2017-2018. It is a proud moment for us that Prerna has covered the journey of 13 years. The journey of 13 years has been understanding, joy & gratification, facing problems and learning through the situations which took us to the significant strides after facing many challenges and complications in the field of accomplishment. Prerna is a platform which shapes the lives of the people by facilitating education, employment, health care and other life skills training.

I am delighted to share our achievements; we have reached to more than 7 lakh people across various states of India. More than 5000 people have been replaced to night shelter home by the end of this year. Over 4700 children have been awarded by School fee as a scholarship. About 217 women are being empowered through vocational training and education classes. In a little over this years, we have been providing quality education by using advance technology in our own school at free for children from low income background. We directly impacted to the children's life by educating them to more than 4700 children in India. We are looking forward to setting up 100 new free schools in all over states of India. We are determined to facilitate all the neediest service to educate more and more children so that no one child left behind illiterate.

I feel blessed year by year while working directly for the people who are in need or deprived from their basic rights. Prerna works at grassroots level with the people conclusively proved more impactful results. In the field of education, healthcare, women and child care and old age care, our beneficiaries and their families set as inspiring examples of the remarkable positive transformation in their lives. Prerna is proud, to being a part of the people's life by empowering themselves and the lives around them.

ABOUT PRERNA

Welcome To PRERNA Social Development and Welfare Society

PRERNA is a non-profit, non-political and a non-government organization registered under Societies Registration Act – XXI of 1860 and engaged in social services with a primary focus on upliftment of the underprivileged children in India. We have been working since 2002 in Sanjay Colony at Bhatti Mines, Delhi and PRERNA was formally registered in 2006. Activities have diversified in the fields of non-formal education, formal school education, income generating skills, SHG formation, community health and awareness programmes on various social issues.

VISION

“Creating a human friendly society in which every individual be self dependent and make their life Prestigious”.

MISSION

“To provide a better opportunities and alternatives for the upliftment of underprivileged group especially women and children through better aids”.

OUR VALUES

- ❖ **Upliftment**
- ❖ **Awareness**
- ❖ **Empowerment**
- ❖ **Development**

EDUCATION

Education (Both formal and Non-formal)

Education is a very powerful catalyst for the development of the nation. PRERNA is providing access to education by launching various projects on education. Prerna is running non-formal education (NFE) centers based on the SCERT scheme as well as formal education for the children of basic right of every child in India but due to lack of education or financial crises children are unable to get education. We all know that education is the only medium to empower the future of the community and able to break the circle of poverty but yet children are not in education due to many reasons. Lack of awareness of education, it can lead to prevailing condition of underprivileged people



and their children. Hence Prerna decided to provide access to education to each and every child in the community. Homeless people.

We have been striving to serve quality education to these children either by enrolling into schools or setting up education centers near the community.



We believe that Informal education system is a lifelong process and it can provide anywhere regardless any hindrance. We believe that through informal education every child acquire attitudes, values, skills and knowledge from daily experiences. They gain informative influences from family, neighbors, work, play, and market places. We have designed the education system in the way to create awareness in children but also their parents and community. Hence PRERNA is giving highest attention to educate children.

Our Impact

PRERNA has been providing resources such as transportation, school dress, books and other education to all children. We have been contributing our effort to enroll children into school and mainstream them for their future development.

NIOS (National Institute of open school)

PRERNA is supporting more than 2000 students who have been studying through NIOS. At the present time, students who are willing to study further but unable to get admission due to low stability in their life, we sponsor the education fee and enroll these students at NIOS for free of cost. Beside that we also provide tutorial classes to students to enrich their knowledge and experience. In 2017, we embarked a significant achievement by successfully enrolling 1994 girls and boys in the Class 10th/12th through National Institute of open school (NIOS). More than 4300 students have been enrolled into school. About 7 education centers have been imparting non formal education to children who are unable to go school due to some reason. Our Endeavour is to empower children and community by spreading awareness about education and its importance

Educate Me Project

Educate Me project is an International Project, driven to educate children from all over states of India but primarily for **Punjab State** as the biggest issue confronting by the people, a drugs epidemic that is sweeping the state and famers are committing suicide due to unable to repay the debt hence with the concern to make the Punjab State drugs free, we



commenced the project and educating more and more children to direct their energy into education so that every family in Punjab would have enough means to eke out their livelihood.

There are many obstacles and inequalities in access to educate in India; further affecting the entire life of the underprivileged and disadvantaged children, stunting their intellectual development and limiting their employment option. Understanding this, Prerna identified education as one of the powerful tool that could transform the lives of the children and their generation. In the consideration of education, Prerna has designed and implemented the Educate Me Project in 2014 in Punjab, Haryana, Uttar Pradesh, Delhi and many

other states in North India. Under this project, Prerna provides need based scholarships to underprivileged and disadvantages children who drop their education due to financial crisis or unable to continue education. We observed that scholarship program has played a key role in building confidence and motivating students to excel in their lives.

We have directed our efforts towards making a transformative impact in the field of Education, community development, health and Disaster response. 2863 students were provided scholarship so far which results significant changes in access quality education and increased number of children enrolled in the school and reduced the number of school dropout children.

Our achievement

More than 3000 students have been benefiting by providing scholarship to these children. In 2017, we have reached upward by sponsoring Students for their education. We have sets of criteria to select these students but we are more focusing on average students who want to study further but have no means to continue their education. So far, we have made our presence in 4 state; Punjab, Haryana, Rajasthan and Himachal Pradesh, in India.

Balika Vidhya Voucher Scheme (BVVS)

We are empowering girls by providing access to quality education especially those in the marginalized communities. We believe that education could enable women and girls to participate in decisions that affect their lives and in improving their social status. In 2015, Prerna took the initiative for girl child education by launching Balika Vidhya Voucher scheme (BVVS). We have been striving to ensure the quality education and bring the parity in the education opportunity. Balika Vidhya Voucher Scheme was commenced in 2015 to promote the girl child education and reduce the school dropout girl child rate by reducing financial



burden of the parents. Only education ensures the enjoyment of childhood and also provides various positive ways/ options for future of every individual. GIRL CHILD EDUCATION is the **only tool** to counter a lot of other social, health and economical related issues in every family

Aims/Objectives

- ✓ Promotion of girl child education
- ✓ Equality in educational opportunity for girls.
- ✓ Reduction in girl child school dropout rate.
- ✓ Reduce possibilities of CHILD MARRIAGE.
- ✓ Improve the standard in Government schools.
- ✓ Improve the infrastructure of the government schools.

Why Special Focus?

- To cover and support the genuine children **who are left out from Government Schemes** or **not eligible for Government Schemes.**
- **Economically backward girls between the classes 6th and 8th will be covered under BALIKA VIDYA VOUCHER SCHEME.**

- Girls who are **financially weak, have a vulnerable family background** and are struggle for their basic education.
- The focus would be on **districts which have very low literacy rate for girls.**

Our Impact

In this project, we sponsor books, school dress, school fees, stationary and transport facilities to the girls who want to study and have set of dreams to be completed. Without any hindrance we have been putting efforts to add wings to the dreams of the girls who have zeal to achieve their goals. Approximately 163 girls have been sponsored so far for their education in Uttar Pradesh and Delhi NCR. In an attempt to sponsor more girls, we are contributing our best efforts to reach out more and more girls.

Adult Education

It has been more than 10 years since Prerna initiated the adult education program. Prerna has been making efforts to educate adult generation because it was felt that education should be must for each and every citizen of India irrespective of their age, gender and class. There is no exact time and age to learn. Since education is very powerful tool and everyone has right to get education and learn so each and every adult who is willing

to learn something or acquire skill, must given an opportunity to get education. Thus education is very important initiative to enhance the knowledge of adult and our organization has attempted to facilitate a program that encourages adult literacy and teacher's valuable skills. For example, adults enrolled in the program receive a primary education to understand the vocational requirements of day to day life

Our Impact

Approximately 689 adults including male and female have been imparted education and empowered them to get job opportunities by 2017. We are aiming to provide the opportunity to the adult ones who did not get the education. We believe that education for adults develops their skill and make them able to read, write and learn new things and it also helps to develop confidence in their skill and make them strong to take the decision with full potential.

Shelter homes

PRERNA has been working in collaboration with Delhi Government through Delhi Urban Shelter Improvement Board (DUSIB) to manage shelters across Delhi. PRERNA has been working to secure safe shelters to the homeless people of Delhi where the homeless live peacefully with dignity. Round the year, it runs permanent shelters. During winter, it also runs additional temporary shelters in porta cabin, buildings or tents. These shelters are provided by government. Prerna has shown the model of multiple uses of government buildings by running shelters in school, buildings and community centers. Currently, Prerna runs 18 shelters (24x7) have the capacity for over 4000 homeless people to stay. Within the shelters, Prerna offers the homeless a clean place and a blanket to sleep, the use of electricity, fresh drinking

water, use of a bath room, water coolers during summer, first aid and a weekly doctor's team visit with free medicines, system for admission to hospitals in case of emergency.



Prerna has been engaged with managing Night shelter home since 2014, allotted by DUSIB. PRERNA runs a permanent night shelter in at AIIMS hospital, New Delhi, for homeless people and patients coming from different state for the treatment. The shelter is conveniently located and easily accessible for the homeless people and patients

FACILITIES PROVIDED BY PRERNA

Within the shelter, PRERNA provides the facilities like Healthcare & Food, Entertainment, Yoga & Counseling, Restoration and other essentials like blankets/ quilts, mattresses, lockers and items needed for sanitation & hygiene. The night shelter is managed by 3 caregivers, and a 2 cleaner. Through the night shelter, Prerna provides protection and opportunities for development to almost 500 homeless people including patient on a daily basis. Prerna offers to the homeless a clean place and a blanket to sleep, the use of electricity, fresh drinking water, the use of a bath room, water coolers during summer, first aid and a weekly doctor's team visit with free medicines, assisting equipment like wheel chair and stretchers.

Prerna has been operating a permanent shelter collaborating with Government, where the half contribution of the expenses was delivered by the government so far.

Impact

With over 9000 homeless people have been shifted from road, footpath and other places to night shelter home. During the winter season, Prerna drives a rescue operation program under which poor people who lives at footpath or beggars who lives near red light, shifted to night shelter nearby their location. During our rescue operation, Prerna faced many challenges as sometimes it

Under such schemes, government has stopped by granting for shelter home. **Homeless people need shelter for protection against natural threats, such as extreme weather and dangerous creatures, and even as security against other human beings.** Significantly, patients stay at the shelter and due to poor financial condition; those patients are unable to afford the rent expenses for room. The need to offer a coordinated and functioning shelter throughout seasons became mandatory. Hence, Prerna revolves to operate the shelter home at voluntarily bases. Under these Shelters, Prerna provides secure accommodation to each and every one who is at risk of or has been subjected to violence. Approximately 300 people stay in night shelter home on daily basis. Prerna has been contributing its efforts to avail the services of food, drinking water, entertainment, cleanliness and health care facilities.

becomes very difficult for us to shift these people from footpath to shelter home because these people are professional and not willing to move from red lights or footpath in the greed of money and their profession.

FOOD DISTRIBUTION

Prerna is dedicated to ensure the availability of food to everyone and make the nation hunger free. We are a leading organization, working on an international project to ending up the hunger in the society. We believe food is very basic right and plays a very crucial role to make the lives alive. We distribute the meals to underprivileged people and children. We have our food distribution centers where we distribute the cooked and uncooked food to the people specially those who are homeless. We always strive to provide good quality of food should be meeting to people. On past 10 years, we have been providing food on regular or alternate basis at various place of Delhi.



To accomplish our mission, we have joined an initiative stop hunger now in cooperation with Rise Against Hunger. Stop Hunger Now campaign is driven to eliminate hunger through distributing food packets to the neediest, venerable, disadvantaged and under privileged people. We ensure that every person from low income group should access the good quality, nutritious food to reduce the rate of disease and sickness.

Impact

To end up the Hunger, Prerna has been serving foods in rural and urban areas for more than 9 years. We have benefited to 48965 people in India by delivering good quality of food. We ensure the quality of food along with nutrition ingredients added to it. We have also conducted workshop for creating an awareness about importance of quality of food for ourselves.

HEALTH CARE

Health is the most important part of human being for all purpose. Lack of awareness and ignorance of health issues could lead to death. Hence Prerna took the initiative to raise the awareness among people about health and protection against health issues. We have been conducting health camps to reachable and unreachable population to stop prevailing infected disease or protection and cure for the disease. In order to promote good health and raise mass awareness about sensitive issue like cancer, Prerna has been organizing free health checkup camps to address the issue of cancer among the people who live in unhygienic condition or not aware about the infected disease. Our best effort is to avail the free health checkup and early detection cancer camps in semi urban and rural areas to ensure the health of the women, girls and old age people. To create awareness about cancer, Prerna conducts camp in cooperation with **Roko Cancer Organization** at various locations in Delhi, Punjab, Haryana and Uttar Pradesh. Our main objective is to create awareness on causes of cancer and early detection of breast

cancer, cervical cancer and oral cancer.



We also organize general health checkup camps for clusters with the help of qualified medical staff. During these health check-up camps we provide medical treatment and medicines on the spot for the beneficiaries. We are also extending care through hospitalization of patients with serious nature disease. We organize the following type of camps:-

- Mother and child health care (MCH) & family planning camps.
- General health check-up camps.
- Tuberculosis Awareness camps.
- Dental check-up camps.
- HIV/AIDS Awareness camps.
- Malaria /Dengu awareness camps.

Besides all our NFE centre are provided with first aid boxes for minor cuts, burns etc. Medical treatments on emergency for Children are also provided by us. Medical camps and providing free medicines to the needy is also conducted regularly.

Impact

By the end of 2018 year, we have reached to 2976 people in Delhi NCR, Haryana, Punjab and Himachal Pradesh state. In this year we have successfully conducted 15 health checks up camps and 4 workshops to raise the awareness.

DAY CARE FOR UNDERPRIVILEGED CHILDREN

In India, estimated 60 million children under 6 years fail to reach their potential because of poverty, poor health, malnutrition, and deficient care, according to a survey. We believe that each and every child should get all the basic provisions for the safety, protection and development for its youngest constituency. However we decide to run a certain number of daycare centers in the service delivery mode to ensure every child should go through full development in psychology, cognitive, social and emotional.



Every child has rights to security, health, protection and education. Yet thousand of children are depriving from these rights and they are struggling to survive. Perna has been operating 16 Day Care center for underprivileged children. We

ensure the psychological, physical and social development of the child. More than 278 children have been benefitted through our crèche centers so far. We have been providing midday meals, pre-primary education to children who come from marginalized and disadvantage group. Parents of these children working on

construction site or in hazardous factory like tobacco manufacturing. Our prime motive is to encourage parents and community as well to send their children to the crèche. We ensure the nutritious food to feed the children includes mixture of cooked rice and dal, dhal, sambar, milk and other many notorious eatables.

Impact

Prerna has been operating and managing by Prerna across the Delhi NCR and other states. More than 3678 children benefited through our crèche program. We successfully ensure the development of these children by providing quality of food and providing them healthy environment to develop their cognitive, socio-emotional, language and physical development. We are focusing on children who come from very poor background, underprivileged and disadvantage group. We are expanding our crèche center to benefit more and more children.

OLD AGE DAY CARE CENTER

PRERNA Day care center for elderly people established on 23rd February, 2007 at DDA community Hall in Gautam Nagar, New Delhi. PRERNA reach the elderly people and assisting them for financial help (old age, widow, handicapped and divorcee pension), health related issues, entertainment, reading and for emotional security issues.



Medical checkup camps twice a

month are being conducted. Medicines are also provided to members at free of cost. Members who are the patient of asthma, tuberculosis, and blood pressure etc provided with necessary medicines.

PRERNA has been working for welfare and empowerment of old age people in India. We have set up Day care center for elderly people at different places in the states of Uttar Pradesh, Punjab, Himachal Pradesh and Jharkhand. We first established day center on 23rd

February, 2007 at DDA community Hall in Gautam Nagar, New Delhi. PRERNA reach the elderly people and assisting them for financial help (old age, widow, handicapped and divorcee pension), health related issues, entertainment, reading and for emotional security. Medical checkup camps twice a month are being conducted. Medicines are also provided to members at free of cost. Members who are the patient of asthma, tuberculosis, and blood pressure etc provided with necessary medicines.

IMPACT

More than 4000 old age people benefitted through our day care program where they have developed the social skills and better lifestyle. We believe that social and emotional development is necessary for a well being and at the old age, these people don't have the calm and pleasant environment at their home. We open up a platform where people get the opportunity to utilize their time and explore their experiences through sharing with others.

Women Empowerment

To empower women, Prerna initiated vocational training program, workshop/capacity building, and education for girl child, scholarship for girl child and many other projects for women and girls. We conduct workshops to address the sensitive issues such as domestic violence, abused & violated rights of women and gender discrimination.

We deliver some supportive services like legal aid/advice, medical care, counseling, mediation, reconciliation, resettlement and re-integration. Prerna is striving to improve the social, economical, educational status of women on the gender discrimination platform. Our effort is to strengthening a woman's

demeanor towards life itself. To empower women, Prerna initiated vocational training program, workshop/capacity building, and

education for girl child, scholarship for girl child and many other projects for women and girls.

Programs for Women Empowerment

Education: Prerna emphasis on education for girls and women. Education is a medium to acknowledge the path of success in manner of life. We encourage both formal and informal education for girls and women by setting up educational centers near the slum areas.

Education on Hygiene: Prerna encourages education on hygiene for women and girls by conducting several programs and workshops.



Prerna emphasizing on empowering women and girls by educating them about maintaining hygiene during menstruation periods. In India, many women and girls are facing difficulties and challenges due to ignorance of personal hygiene and lack of awareness about menstruation tract infections. Through our survey in rural and slum areas in India, we gathered the facts that women and girls are not aware of hygiene during their

menstruation periods.

Vocational Training: The vocational training programs are driven by the core belief that every woman has potential and ability but due to adverse circumstances, women are sometimes not able to achieve their goals. Our training programs help to develop women's self-esteem, confidence and leadership skills. In the vocational training programs, we have launched few courses such as Parlour course, Mehndi course, Tailoring course, and computer course. Our training programs will help open up a world of opportunities for low literate girls and women in urban India and make them build their own capacity to tackle inequalities in the home and local communities.

Shelter Home for Women: Prerna is providing shelter homes to women and girls, who are destitute, pregnant, unsafe and lactating, face many challenges and need immediate shelter and care. Our endeavor is to ensure an honorable life in a safe and secure environment and help them to assert their rights. We provide counseling, medical facilities, food and legal advice to these women.

Cancer Detection Camp: To detect cancer at early stage, subsequent treatment is necessary.



Hence we have been organizing continuous camp in cooperation

with Roko Cancer Organization, London based organization which emphasis that Cancer is curable if detected early and treated promptly. Women above 30 ages are being checked thoroughly for breast, oral and cervical cancer. In the camp, we raise the awareness about cancer and its importance on early detection as this disease is not scary or dangerous if detected on time so that preventive measures could curb the disease.

Our key achievements over the last eleven years include:

- Enabling more than 2,000 women benefited to become employable from vocational training programs courses such as parlour, mehndi, tailoring and stitching.
- More than 8897 women have been educated on hygiene and informal education through workshops and informal educational centers.
- Approximately 3891 women and girls have been provided shelters, care and safe environment.
- About 5000 women have been benefitted from our nutrition program where we distribute raw and cooked food with highly nutrition for their health.
- So far, more than 4000 women have been examined and checked up for cancer out of which 278 women have been diagnosed positively.

VOCATIONAL TRAINING PROGRAM

In India there is a lot of students dropping out primary and secondary education and seeking vocational training during their adult hood/after marriage to support their family economically.

Accordingly, PRERNA is facilitating the training program to the needy approaching the organization. Vocational training is the backbone for each and every one to earn for day to day livelihood. Vocational



training for youth is an integral part of social work that we have been doing from the inception. We have now succeeded in strengthening our activities in this field. This is

particularly relevant in the context of children/youth that did not have the opportunity to complete their education or learn useful skills for making them profitably self employed and able to stand on their own feet. We are conducting Vocational training programmes covering a broad range on following subjects

- Dress Making (Cutting Tailoring & Embroidery)
- Computer Training
- Cooking Classes
- Painting
- Mobile Repairing
- Electrical Course
- Driving Classes
- Automobile repairing

Impact

More than 5000 youths have been provided vocational courses and got engaged in employment after completion of course. 345 girls have started their own business into beauty parlour, cooking classes, Mehndi Course and Paining. Approximately 3987 boys have been employed into professional courses. During this year, we have achieved a great success by providing employment to youths.

Management Message

We sincerely thank to each and every individual who shared our vision and mission throughout journey of 12 years of PRERNA. Together with our donors and supports, we are able to accomplish our mission and nurture the hope of needy people. The annual report brought to you, development, achievement, and community participation and signification consequences from across all section of the society in India.

It also presented to you the signified transformation in the lives of the people who were indeed most needy condition and have brought a positive change in their lives. Without your support, we could not make it possible but contribution has made it possible with positive impact.

We aim to increase our reach to maximum number of people to new locations while sustaining our service to current beneficiaries and bring the positive changes in the lives of the people. We need your continued and unflinching support to render our services towards the development of our nation.

PRERNA SOCIAL DEVELOPMENT & WELFARE SOCIETY

"Creating a Human Friendly Society"

Thank You