



ANNUAL REPORT

2015-16

PRERNA SOCIAL DEVELOPMENT & WELFARE SOCIETY

www.theprernango.in

Services & Support



EDUCATION



NIGHT SHELTER



HEALTHCARE



FOOD DISTRIBUTION



DAY CARE CENTERS



OLD AGE DAY CARE CENTER



WOMEN EMPOWERMENT



VOCATIONAL TRAINING PROGRAMMES

Summary

Prerna is a leading non-profit organization has been working in the field of community development, education, shelter homes, women empowerment and upliftment of underprivileged people. Over 10 years, Prerna has made a significant contribution been making efforts to bring the sustainability in the lives of the people who are venerable, underprivileged, and disadvantaged. We believe that education is strongest catalyst to eliminate the poverty in the society. Group of adolescent have been empowered by providing vocational training at various centers across Delhi NCR and other states of India. Our prime effort is to bring quality in terms of rights, education, socio-economic, and employment. Prerna is an organization, giving the platform to the needy people by serving facilities in all domains such as education, health, shelters, women empowerment, vocational training, free food distribution and advocacy. By the years, Prerna has been growing very fast in the specified field which is very appreciable for us and the credit for appreciation is goes to our board of directors, volunteers, and other staff member who have been making countless efforts to take it to such glorious platform.

Message from the Founder

It gives me immense pleasure to present annual report of Prerna 2015-16. Prerna has come past over a long path of development and continuing its efforts to accomplish its Vision, Mission, Goal and objectives. Prerna has been performing in the field of education, health care, response to disaster relief, community development and upliftment of the people. This is a great pleasure for me to share that Prerna turns to 10 years. If we go back to our 10 years journey, it has been challenging, learning and motivating experience for us but ultimately we achieved astonished success. The idea of Prerna organization was evolved to improve the lives of the underprivileged people and bridge the gap between backward socio economy and developed socio economy. We have enlarged our approach to identify other needs of these poor people for health, education & personal items, we started clothes distribution program, help in the schooling of homeless street children, organizing health camp & medicines. We have been working at grassroots level to understand the needs of the people, their livelihood and their culture so that it helps us to bring out the positive changes in their life.

I am thankful to my board of directors who supported me to take the right decisions, my staffs who have been working with endless efforts in the field and office and my respected donors who believed in our work and valued it by making their presence and supported us by funding the projects.

About Prerna

Welcome To Prerna Social Development and Welfare Society

PRERNA is a non-profit, non-political and a non-government organization registered under Societies Registration Act – XXI of 1860 and engaged in social services with a primary focus on upliftment of the underprivileged children in India. We have been working since 2002 in Sanjay Colony at Bhatti Mines, Delhi and PRERNA was formally registered in 2006. Activities have diversified in the fields of non-formal education, formal school education, income generating skills, SHG formation, community health and awareness programmes on various social issues.

VISION

“Creating a human friendly society in which every individual be self dependent and make their life Prestigious”.

MISSION

“To provide a better opportunities and alternatives for the upliftment of underprivileged group especially women and children through better aids”.

Our values



Education

Education is considered one of the important factors for the growth and development of the country. The education is a factor that can influence health and livelihood, socio economic status especially women education. It is observed that literacy rate especially among women is very low especially in north India. Reason behind this low literacy rate is social attitudes, poor access to school, and family-oriented roles and responsibilities of the females are responsible for this disparity. In India, poverty has become the hindrance to get the education for underprivileged children especially with regard to enrolment at the primary, upper-primary and higher levels of school education. Moreover education to some extent compensates the effects of poverty on health irrespective of the availability of the health facilities. Therefore, the Prerna intends to work on education for children and women education and empowerment through self-help group. In addition, we motivate people for informal education (irrespective of

any class) by setting up education centers or providing scholarship.

Non formal Education

Non formal education is only a way to minimize the gap between formal and informal education. We believe that to educate more and more street children, non formal education is necessary. Non formal education is very flexible, liberal and qualitative as per the need of the street children, society and the country.



Education has become very necessary as now we are in a stage that everyone wants to get an education and to educate the society. Neither school cannot provide opportunity for all in different education nor do street children want to go to school. Though government has making efforts to educate children but yet many children are depriving from their education rights because of their financial status or involved in labour.

Perna Organization initiated non formal education program for street children, working children and other children who tend to get education but cannot attend regular school. We have been providing non formal education to street children or children from poor background. We have educational centers in Delhi and Uttar Pradesh and engaging children who work factory or food stalls. Our basic purpose is to educate children to eliminate child labour factor from the society.

Formal education

A quality basic education is the right of every child and child should get regardless of their family background and community to which they belong. We are determined to our mission to improve the lives of the people and this can possible only by educating children and society to get experience a good livelihood. We are spreading awareness about education as education being an integral part of our life, it will support development in education system and more opportunities for children to study.



In formal education, we are reaching to clusters and slum where children do not go to school, the society and parent have lack of awareness and sense about the education. From past few years, we have been making efforts to get enrolled street children and other children into schools. We take the surety of children to continue their education and convince parents to send their children to school. To support formal education, we are providing a bus to pick and drop children from slum to school. Moreover we are providing notebooks, school dress and other necessary expenses to the children in Delhi NCR.

Impact:

It has been very challenging for us to get children enrolled into school as these children are from slum area and they show averse to go to school. Despite of challenges, we have reached to 2000 children in Delhi NCR and enrolled them into school.

Educate Me Project

Educate me project was initiated in 2014 with the objective to provide equal opportunity to all children. Inception of this project was done in Punjab State because of many reasons, highlighting the major one is that farmer were committing suicide and leaving their family helpless. In support with farmer's family, we took the initiative to educate their children into schools and provide other necessary things for their livelihood. We believe that every child who is average or brilliant in academic should be treated equally or given equal opportunity for education. Hence we initiated the project with focusing on needs of children and their family background status. We provide scholarship to students to continue their education.



We have sets of tailored parameters to collect the details and relevant information of the student. We strictly follow the parameters to SELECT a student

for scholarship. Selection of students is based on their local needs and our youth counselors identify students who are economically disadvantaged. We sponsor the student's education directly, regardless any fee amount to be deposited into school. We also track students' progress through school. Now we have expanded this project to many states of India and covering children of farmers and those who cannot afford the education.

Balika vidhaya vovcher Scheme (BVVS)

Balika Vidhaya Vovcher Scheme commenced with the mission to educate girls from marginalized and disadvantage group. Though government has undertaken several measures like providing a stipend for girl students to combat the problems of low attendance and high dropout rates but yet 300 out 1000 girls are not attending the schools. Proactively, we have initiated this project with 400 girls, from urban and rural areas, enrolled into formal school. Our endeavor is to provide all the facilities to girls which are required to continue education.

In Balika Vidhya Voucher scheme, we generate a coupon is for stationary items, school dress,

note books and books, for girls. This coupon is provided to girls and they can redeem it from the shop nearer to them. We felt to initiate this scheme because most of the parents used the education scholarship money for their expense and girls left with no stationary items and books. Thus, we initiated this scheme under which girls are being provided voucher only rather than money into their account.

Impact

In this year, we have reached to 1207 girls and benefitted under Balika Vidhya Voucher scheme. More than 500 girls enrolled themselves into schools with the support of BVVS. We are planning to expand this scheme to more states and districts where girls are facing difficulties to get education.

Adult education

In our adult education programme, we especially focusing for aged women who had failed to receive elementary education in their childhood.



The main objective of the programme is to open the doors of opportunity to those adults who have lost the opportunity and have crossed the age of formal education, but now feel a need for learning of any type, including literacy, basic education, skill development etc.

Under this programme, our activities involve reading, writing, increasing awareness levels and skills training etc, are provided to women who were denied formal schooling. Such programmes are essential as they not only promote gender equality but also empower women to take decisions for themselves and their families.

Impact

Adult Education programmes proved to be very effective and had a positive impact women and adolescent children in their families and neighborhood, as they are also encouraged to attend school regularly and

decrease the dropout rate. 6750 wpmen and adolescent participated in adult education program and benefitted by increasing their standard of living and also has the capability to bring mass changes in society. In this year more than 4000 women and adolescent have been educated. Approximately 1400 youth have been empowered through education.

Night Shelter Home

Since 2008, PRERNA has been running 23 night shelter homes for homeless people in different part of Delhi NCR under the project of DUSIB GOVERNMENT. Prerna has been reaching out to homeless people through street outreach, rescue outreach and mobile outreach.



We tend to cater the basic needs of homeless people from shelter home to food, medicine, healthcare facilities, clothes and counseling on hygiene and maintenance. These night shelters either built as porta cabin or permanent based on the requirement. We are dedicatedly working for homeless people by assuring all the basic facilities for their living. We provide cooked and uncooked meal, clothes, free medicines and therapies recommended by the doctors and entertainment programs at the shelter.

Impact

During this year, we have reached to 8237 homeless people and rescued them and shifted them to shelter homes. Approximately 56781 meal packets have been distributed to these people. More than 2345 women have been rescued and shifted to shelter homes and provided full assistance and security for their protection.

Health Care

Programme

We are in the endeavor to provide basic primary health care services to the people who are unable to access health facilities. Prerna conducts health checkup camps and raise the awareness in unreached community to make the people aware about the causes and protection of the diseases, Capacity building for Mother and child health care in the inaccessible areas of rural and urban areas.

We have been spreading awareness on hygiene in schools, slums, rural and urban settings, to make the children aware about the health and sanitation, causes of the disease, protection from diseases and distribution of medicine to the children. We are Providing Medicine support to homeless people at shelter homes and street children. Every month we conduct hygiene programs in the slum area to sensitize the people to

maintain hygiene and cleanness surround them.

Impact

By the end of this year, we have benefitted to 7863 people in Delhi NCR, Rajasthan, Uttar Pradesh and Himachal Pradesh. More than 4000 patients have been provided medicines for their treatment. Approximately 124 pregnant women have been provided proper health checkups and nutrient diet for good health. We sponsored 28 patients for their treatment, surgery and mandatory and expensive tests to diagnose disease.

Food Distribution

Program

Over the years, PRERNA has been providing healthy & nutritious food to underprivileged, marginalized and hungry people at shelter homes, hospitals, stations, orphanages, street schools & slums by launching our food distribution program. We have joined hands with restaurants, international program of food

distribution and hotel where we collect and distribute food items leftover after the occasion or events. We also distribute raw food meal packets to the families, women and children who are vulnerable and marginalized.



Under our food distribution program, we distribute cooked food like Roti, daal, rice, fruits, and sweets. Apart from that we also distribute a meal pack containing raw mixture of rice, daal, palak, nutrients and vitamins. This meal pack consist meal for 6 six person at one time. We distribute fresh, healthy and nutritious food to the poor, hungry people in the different locations. As per our resources, we are currently expanding our distribute location in all over india with approx. feeding to around 10-12K per month. We cook as well as collect cooked food from home across the city through our collection centers at different locations. Our team of volunteers is always ready to

feed the hungry mouths and help them to live a happy life.

Impact

During the year, PRERNA has brought changes into the lives of more than 7000 underprivileged people and more than 14,500 since inception who were provided support through free meal packets.

Child Day Care Center

Our involvement in child care center has always been appreciated and considered very important for the perspective of growth and development. We have made our presence in 7 states of India by providing food and care to underprivileged children.



Food provided in childcare has an important role to play in the growth and development of children and in the development of future eating habits. Our basic aim is to meet a required nutrition to a child for growth. Variety of foods such as vegetables, fruits, cereals, milk, healthy and mixture of rice and daal are being provided to children at day care centers.

Impact

During this year, we have reached to 4000 children who are venerable and abandoned from 6 to 14 years of age. Majority of these children are from Uttar Pradesh and Bihar state. We identified the needs of these children for their growth and development and provided essential needs such as food, care, maintain hygiene and activities and programs to involve them for whole day.

Old Age Care

Since 2006, PRERNA has been working for the well being and empowerment of senior citizen

of India. In India, still there is less social security for senior citizens due to low pension coverage and fast growth for urbanization.



With fast changing socio-economic scenario, many problems have been arising such as increasing participation in the workforce of the family member, youths and women which leads to elder's emotional, physical and financial insecurity. Moreover, with the significant migration of the younger population to foreign countries for employment opportunities, a substantial number of elders are left to live on their own.

Prerna has set up an **Elder Day Care Program** for elderly and conducts activities for daily basis. In the program, we encourage our senior citizens to participate actively and share

their life experience. Once in a month, we organize a get-together party for these elders and let them opened to share their life experiences and knowledge with others. Our endeavor is to provide all the assistance to elders such as health care facilities, clothes, yoga classes and food.

IMPACT

With the objective of program, we initiated to identify the basic healthcare requirements of destitute elderly living in the shelters of Delhi and provide them with medical/healthcare assistance in form of clothes, food, walking sticks, wheel chairs, spectacle frames and medicines etc. we are working with 12 old age day care centers different parts of Delhi NCR. Over aprox.7000 destitute and old people have been assisted under this project so far. Under this program we assisted them with following facilities:

Shelter homes, Food, Clothes, Refreshment, Healthcare facilities and Yoga classes

Women **Empowerment**

Prerna believes in the transformative potential of enabling people to access learning opportunities and building their critical perspectives towards social justice and equity.



We have taken the step to empower the women by uniting them in to one forum to identify their issues, women issues, domestic issue and financial issues. We hold a wide range of trainings, workshops and courses, which are conducted on a regular basis to address the issues and resolution. To empower women, we conduct motivational training and provide full assistance to stand them independent by earning or educating.

Women education

Education holds very important space in everyone's life. Education is the only tool which can break the poverty cycle, gender stereotype, and unemployment. In our society,

women are doing very well every field because these women got the exposure in education and met the environment to uplift their lives along with their family. We have opened up educational centers for women who are either house wives or adolescent girls, who dropped their education. Moreover, it is very important to promote the education and its importance in the society. Prerna has been promoting and empowering the women through education. There is no limit for age bar get enroll in our education centers. Approx. 1174 women have been educating through our education centers.

Women Health

Ignorance of women's health is found very common in Indian society where women are treated very badly. To cater the well being of women, it's very important to provide health facilities to each woman. Women gets easily infected or crowded with disease as compare to men. Women is considered very sensitive towards disease and infection thus we have initiated the health programs for women where we conduct health camps for normal body checkups and also cancer

detection camps for breast cancer, cervical cancer and ovary cancer in woman. We promote and protect the women from dangerous disease like cancer as we knew that cancer is a disease cannot be cured completely but can be prevented from early diagnostic.

For a good health, regular checkups and diet must be maintained. We emphasize on food and nutrition and regular health checkups for women to stay healthy. So far we have distributed more than 10000 meals based on nutrition and important minerals to pregnant, lactating, and other group of women who are underprivileged.

Vocational training programmed More than 4000 women trained for professional course from our vocational training program. Approximately 500 women have started their own profession through this program.

Vocational **Training**

PRERNA is heading with its goal to provide vocational Training to youths and children from very poor families, for improvement of their quality of life and that of their families and the communities from where they come from.



PRERNA is heading with the aim to support underprivileged children and adults to enter the mainstream society. PRERNA has setup 12 vocational training centers offer an Entrepreneurship Development Program in different parts of India and imparts vocational

training for employable skill development and capacity building of growing children. We consider the Children above 16 years of age or those who clear their 10th board exam qualify for vocational training.

Our vocational training program is enabling, unemployed youth both boys and girls from low financial background, in order to earn an income through this alternative way.

Impact

Since the establishment in the year 2006, total number 7865 students have been assisted to get them employment and 654 have been enrolled in the year. Vocational Training is being provided in different trade lines being, Carpentry, electrician, beautician plumbing & tailoring.

Management Message

We are extremely thankful to our well wishers, volunteers, board of directors and our supporters for their whole hearted support, who have helped sincerely to consolidate the ongoing activities and exploring new avenues creating opportunities for the masses in need. We sincerely show our heartiest & sincere gratitude and thanks to our partners for their regular support, training, guidance, planning and implementation. Every individual played a vital role in order to achieve success and milestones.

We have been able to instigate comprehensive community-based approach and designed need-based project and programmes to provide services to the underprivileged, with special focus on the needs of women and children, Health and Livelihood in remote rural and urban areas.

In the annual report we have tried our best to explain the efforts leading to the well-being & sustenance of the needy community by nurturing their hopes and inner strengths. Last but not the least; we are committed to continue our efforts for the success and growth of the organization through its community development initiatives and institutional building.

PRERNA SOCIAL DEVELOPMENT & WELFARE SOCIETY

“Creating a Human Friendly Society”

Thank You