

PREERNA

"Towards An Effective Change In The Life Of Underprivileged Group Of People Especially Women And Children To Create A Human Friendly Society"

Annual Report 2012-2013



Summary of activities conducted by PRERNA during the year 2012-2013

“Towards an effective change in the life of underprivileged group of people especially women and children”

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PRESIDENT'S MESSAGE

It gives me immense pleasure to present the Annual Report 2012-2013 of PRERNA Social Development and Welfare Society, New Delhi. PRERNA is a Non-Governmental Organization (NGO) registered under Societies Registration Act – XXI of 1860 during the year 2006 and engaged in social service activities to address issues of underprivileged group of people, especially women and children.

PRERNA is working to promote and provide qualitative education at free of cost to homeless/street children and communities which are socially and economically deprived. Furthermore the social activities help us to bring out the children's latent talents, academic learning, vocational proficiency, personal character and societal values.

I take the opportunity to thank the Board Members for their continuous support, contribution and guidance in our endeavor. I also thank to the dedicated support provided by the donors, partners, well wishers, supportive friends and various contributions shared by volunteers/ Interns/ groups/ institutions that encouraged PRERNA to deliver the quality services to the needy regularly.

In this annual report, I hope, will enlighten you with the practical examples of social service activities which bring the changes in ground. Let me conclude by thanking all donors, board members, staff, volunteers, interns and supporters of PRERNA who extended support, appreciation, encourage and promote PRERNA, thereby promoting the well being of the marginalized.

Palvinder Singh



INTRODUCTION

PRERNA Social Development and Welfare Society is a Non-Governmental Organization (NGO) and a non-profit voluntary organization registered under Societies Registration Act – XXI of 1860 during the year 2006 with limited source of funds to address the issues of underprivileged group of people. PRERNA is engaged in social service activities with a main objective to improve the quality of life of the underprivileged and marginalized people. PRERNA is keenly working for the underprivileged group of people especially women and children of homeless community/street children. We are determined to replace their despair with hope, their fear with security, and their ignorance with knowledge.

VISION

“Creating a human friendly society in which every individual can be self dependent and can make their life prestigious”.

MISSION

“To provide better opportunities and alternatives for up-liftment of underprivileged group especially women and children through better aids”.

Brief Profile of “PRERNA”

Sl. No.	Type of Description	Details
1	Name of the Organization:	PRERNA Social Development & Welfare Society
2	Address of the Organization	<p><u>Field office:</u></p> <p>DDA Community Hall (Barat Ghar), Gujjar Dairy, Gautam Nagar, Near Mother Dairy New Delhi-110 049</p> <p><u>Registered office:</u></p> <p>55,Gautam Nagar, New Delhi-110 049</p>
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6	e-mail id	prerna_ngo@yahoo.co.in , info@prerna.org , info@prernango.com
7	Registration no	S-57388
8	Date of Registration	19-December-2006
9	PAN NUMBER	AAABP0490R
10	Details of 80-G:	Yes.
11	Details of 12 (A):	Yes.
12	FCRA Registration	Yes.
13	Credibility Alliance	Accreditation of Desirable Norms

FORMAL EDUCATION

- ❖ *Need of the hour "Education to all children of homeless community/street/slum children etc".*

Education is the most powerful weapon in the battle against poverty. Only education ensures the enjoyment of childhood and provides way for various positive options for future life of every individual. Vocational knowledge and training is the backbone for each and every one to earn money for the day to day livelihood requirements.



Providing Education to Children of homeless community/street/slum and needy children etc., is the basic step to provide other rights/facilities to these children. If, we are not able to provide this fundamental opportunity, these children will face a lot of vulnerable situations in their early life, which in turn compel them to do begging, petty theft, pick pocketing, helping to drug sellers/smugglers and smuggling etc. It will

automatically spoil the character and life of child and make the child an 'anti-social element' for the society/Govt. Hence, PRERNA is constantly contributing its efforts to enroll the children in regular schools, teach and bring out the hidden talent & energy of these children through a channelized way at the shelter homes of homeless community/slums/study points. These efforts surely helping in building good character during childhood and to reduce the number of negative citizens (individual level as well as family/ community level) in the country.

There is a category existing in the form of street children and working children who are selling magazines at the traffic signals, newspapers/refilled water bottles at Railway station, work as casual laborers in small parties & functions etc (list is big). A lot of efforts are being taken to bring changes in the life of these children, but still there is a need of lot of improvement especially in the area of Vocational Education and Training. The need of due attention to address these issues of providing vocational education and training as per the modern Market Demands is greatly felt.



NON FORMAL EDUCATION (NFE)

PRERNA believes that education is the true means of socio-economic and intellectual advancement of the society. It is the most important part for development of every child. Every child at least deserves primary education irrespective of caste, religion or socio-economic background. But most of the children in India are not completing the basic primary education programs due to lack of accessibility, awareness, interest in education and due to poverty of their parents. PRERNA is running 9 NFE centers at various places in Delhi namely Bhati Mines, Rajpur Khurd, Gautam Puri, Dayal Singh Colony, Okhla, Yusuf Sarai, Goila Diary, Lodhi Colony and Safdarjung fly over. At present there are about more than 485 children in the contact area of our project.

The admission for the classes of 10th and 12th, under NATIONAL INSTITUTE OF OPEN SCHOOLING (NOIS) scheme for 294 students were made during the academic year 2012-2013. These students (mostly girls) are working as house maid in various areas of Delhi and they belong to the States of Bihar, Chhattisgarh, Assam, Orissa and UP etc. Working youths and street children were assisted for free registration in open schooling. Many of these Working youths and street children have passed 10th and 12th standard and have a strong desire to continue their Higher education also.

To extend the working geography of PRERNA, the concept of establishing 'STUDY POINT' through staff/volunteers at various slum/homeless community as well as in the economically weaken community in and around Delhi area

during this year. The basic concept of creating 'study point' is to enroll/bring back the drop out/child labor etc to regular schools through the 'educated team of children locally'. The on-line web space for the study point project may be seen at www.prenango.com/mission.php.

The efforts of PRERNA improved the learning ability, good behaviors, manners, courtesy and facing the world with confidence among the homeless children. Prerna always encourages all the children by distributing motivational gifts and special gifts to regular attendance in schools, the achievers/participants of various events.

CASE STUDY OF THREE CHILDREN

I took the case study of Muskan, Sheetal and Anjali. They live with their families in the shanty town situated under Safdarjung Flyover near Safdarjung airport. Anjali was not available at the time of gathering data so I asked about her and her family from other people living in the shanty town. Following is the data I collected about them:

I. MUSKAN – (Brought up by both the parents)

- Muskan is 10 years old studying in 4th class in an NDMC school near Race Course.
- She is good in studies.
- She has four siblings: Ragini (5 years old), Shivanshu (4 years old), Aashiq (4 years old) and Lucky (8 years old).
- Her father's name is Jitendar (30 years old) and mother's name is Reshma (28 years old).
- Her father sells 'rassi' and 'nada' in the Centre market, Sarojini Nagar and INA market, and earns about 100-150 rupees per day.
- They are living in the shanty town under the Safdarjung flyover near Safdarjung airport for over 25 years.
- They belong to Sitapur village in Lucknow.

- They earn here then go to village, spend their time and money over there, and then again come back to village to earn more money. This is how they are living their lives.



Figure: RESHMA (mother) to the left, MUSKAN (case) in the middle, and JITENDRA (father) to the right.

II. SHEETAL – (Brought up by a single parent, father)

- Sheetal is 10 years old. Her mother died when she was too young.
- Her father is mentally retarded and is living in Sitapur village in Lucknow with other family members and her daughter Kajal who is 20 years old takes care of him.
- Her chacha chachi takes care of her family income. Sheetal too lives with her dad and visits the shanty town with her sister Neha who is 20 years old and married to a worker at a garment shop.
- Her sister's husband earns 6000 rupees per month.
- Her sister has 4 children in total.

- Sheetal doesn't go to school and on asking about this from her sister Neha, she said sheetal sells pyjama cord (nada) in the Sarojini Nagar market because "paison ke liye to ye sab krna hi padhta hai" (it's important to work in order to earn money).



Figure: SHEETAL (case) to the left, her sister NEHA to the right holding her 1 year old child.

II. ANJALI – (Brought up by a single parent, mother)

- Anjali is 13 years old.
- She has no father.
- She lived with her mother in Sitapur Village and got shifted to Seva nagar.
- Her mother has asthma.
- Anjali has three elder sisters who are married and one younger sister who is 8 years old and doesn't go to school.
- They are very poor and have no work to do.
- Anjali is married too.
- Since they don't have any support, her mother believes that it's very important to have some support in life otherwise life would be nothing.
- And since they don't have any work to do plus she (mother) can't afford to send her daughters to school, marriage seemed to be an easiest option to her.

DAY CARE CENTRE FOR ELDERLY

PRERNA DAY CARE CENTER for elderly people started on 23rd February 2007 at community hall in Gautam Nagar, New Delhi & regular activities are going on. The old age of human being is the real testing period in which everyone needs due care,



love and medical assistance. The elderly persons of nearby area visit the center for reading books, magazines, three daily newspapers, play chess, chopad

and carom board. Library of our centre contain a bulk of religious books and books related to various diseases which are common in old age.

Every Tuesday approx. 25 to 35 elderly people get together at 11:00 am to 1:30 pm for conducting joint entertainment events, discussions, reading, chanting, plays games, antakashree, bhajan, share their experiences and emotional security to each other. PRERNA always help the elderly people in getting financial help (old age, widows, and divorcee pension), health related issues. Medical checkup camps twice a month are being conducted routine



health care. Medicines for free of cost were also provided to the members. Basic computer training is also provided to the elderly. Festivals of all types were celebrated with the active participation of elderly people. Outing for entertainment and religious purpose on time to time were conducted.

➤ **Care of old person**

Old age period is a crucial part of everyone. The homeless old people lying in the street are identified and provided due care by shifting them to old age home. An old man namely Shri Raju who resided in the Yusuf Sarai, New Delhi location for the past 20 years. He contributed his service to the shop owners of the area as a daily-wage. But when he needed care no one provided adequate kindness on him. However, Prerna shifted him from the Yusuf Sarai, New Delhi market place to an old age home managed by one of our partner. The need of kindness for the needy and hopes in the eyes of this old man surely induce everyone to contribute something for the old people.

➤ From street to a safe home



ADVOCATING FOR THE RIGHTS OF URBAN HOMELESS CITIZENS/COMMUNITY- SHELTER HOME

Due to climate change and industrialization, a lot of village families are coming to Major cities regularly in search of employment and livelihood etc. As per reports, 90 per cent of shortfall housing facility affects the EWS (Economically Weaker Sections) and LIG (Lower Income Group) sections. To cover the shortages of shelter for the slum dwellers and homeless citizens,



PRERNA is working with Delhi Government from the year 2010-2011 for providing proper shelter for the people residing in the road side, under fly over bridges etc and to save them from shivering cold winter season.

The semi-permanent shelters under Govt.

project provides space to the NGO to conduct lot of other social service activities like Non Formal Education, Health camp, Aids awareness programs, festival celebration, livelihood training programme (tailoring & jewelry making) for the homeless community/women and challenged persons. This also provides space to give extra care and good atmosphere for the children to concentrate on their education and recreation and a focus on individual development.





HEALTHCARE - HEALTH IS INDEED WEALTH - COMMUNITY HEALTH

Health is wealth, but it does not matter to those who hardly make their both ends meet. Those people, who live without proper food and shelter, do not give much priority to health related issues. They shriek but no one listens to them or their cries. Their unchecked prolonged illness mostly proves fatal. They only dream of visiting a doctor, they cannot afford to live a healthy life. Their lives are so miserable; poverty has recklessly ruined happiness of their lives. The atmosphere where they are living is not supporting them to be neat and clean due to various reasons.

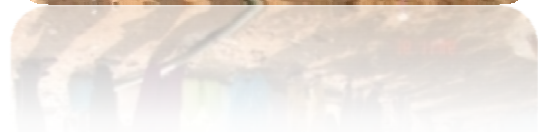


To overcome these issues we conducted



health camps on monthly basis in their local community i.e. at clusters, homeless communities with help of highly Qualified Medical team. During these health camps, we provided medical treatment and medicines on the spot free of cost for more than 2365 people who were benefited. We also extended care through hospitalization of patients with serious nature of diseases. We organized the following types of health camps:-

- Mother and Child Health Care (MCH) & Family Planning awareness.
- General Health / Malaria/ Dengue awareness camps.
- Tuberculosis Awareness Camps.
- Dental Check-up camps.
- HIV/AIDS Awareness camps.
- Cleanliness of girls attained their menstruation stage.
- Made available of First aid boxes at their locality for minor needs like digestive tables, iron tables, ointment for burns etc.
- Distribution of de-worming tablets to control intestinal parasite for school going children.
- Providing safe drinking water and sanitation for the homeless community.
- Clean the surrounding local area time to time.



➤ **AIIMS Prerna Shelter Cleanliness**

One of the Prerna shelter is providing shelter for the patients visiting from various nearby States of Delhi to AIIMS hospital. Since this shelter is big in size and full of patients and their attendants needs regular and proper cleaning is very necessary. Prerna staff along with volunteers from the beneficiaries are regularly conducting cleaning of the shelter.



MANAGEMENT OF COMMUNITY KITCHENS.

PRERNA with the support of ISCON temple Delhi, provided one time meal at the shelter home situated inside AIIMS Hospital for at least 400-500 patients and their attendants daily. Now, this activity is going on as a regular activity at the AIIMS Gate from ring road side. Moreover, with support of Individual Donors, the patients and their attendants residing at Prerna-AIIMS shelter are also provided free dinner token / free food regularly.



VOCATIONAL EDUCATION & TRAINING

Vocational training provided with a view to address the specific needs of the youth, men and women and this has been achieved through their complete involvement & active participation at all stages of the training. The training also targets to bring out the hidden creatively, communication skills and leadership quality in the community. These were achieved through recreational activities like dance, music and sports. Regular competitions cum coaching classes were also conducted for drawing. These activities successfully help the NGO to bring awareness on affects of early marriage, problems of school dropouts and adolescent health. Exposure visits are also organized for community children.

PRERNA has been providing vocational training in different ways for youths, challenged persons etc. We offer them classes in cutting, tailoring, computer training, embroidery, cooking, painting, greeting card making, Maruti Driving School drivers training to those who are underprivileged, eligible and interested. PRERNA is providing Vocational training throughout the year. Education alone cannot bring changes unless there is sufficient scope for employment and income generation opportunities. PRERNA facilitated the self-employment process to make the poor men and women economically self-reliant and help them attain a respectable social standing.



WOMEN'S EMPOWERMENT AND FORMATION OF SHG



PRERNA always encourage the women in the community to build basic SHG groups to fight against the poverty. We always put our best efforts for good skill development training for the homeless community. It helps in building the individual capacity, quality and become the active participants in their own community development.



FAMILY COUNSELING & COMMUNITY MEETING

In the present day Indian cultures it is common to see issues/problems in a family regularly due to many reasons. It varies from family to family depending upon the financial status of that family. PRERNA with its experienced experts from legal, medical, psychological, and business background successfully solving family/community issues as and when required. Money plays a vital role for these conflicts in any family. This year more than 50 families were benefited through Family Counseling.



DISTRIBUTION OF CLOTHE, TOYS ETC.

PRERNA volunteers regularly providing the used/old clothe, toys and other playing material for distribution to the needy people. PRERNA regularly distributed the things donated by volunteers among the homeless community to meet their daily requirements. It is surely reduces the burden of family expenses in a greater extent and avoids the begging practice. During winter, kambal, coats and other woollen items were distributed in homeless community. *Reserve Bank of India (RBI) officers donated used (old) items beds, bed sheets for use at shelters of homeless community. This type of contribution are really motivated the NGOs and a great support for the needy people.*



NATIONAL AND RELIGIOUS FESTIVAL CELEBRATION

PRERNA as usual celebrated all major festivals like Republic day, Independence Day, Diwali, Holi, Id, and Raksha Bandhan at the Slum/homeless children. Different activities (song, dance, drawing, rangoli etc) were organized according to festivals. Various religious activities were also conducted in the centre based on the belief and customs followed by the local community. The Senior Citizens Day, Children's day were also celebrated and gifts were distributed to the parents of the regular school going children. Sweets and other eatables were distributed to all the children to make them happy and enjoy the festival with lots of excitement and fun.



ENTERTAINMENT CUM CAPACITY/CONFIDENCE BUILDING ACTIVITY

Kind hearted people from corporate companies like Axis Bank, Yusuf Sarai, New Delhi branch staff spared their time and conducted one day drawing competition in the shelter home of homeless community. Visit and interaction of cultured members of the society definitely left a strong impression in the minds of homeless children and creates a positive attitude for the society.



PRERNA, during the management of shelter home situated at AIIMS Hospital location extended its helping hand to provide blood donations to the needy patients visited AIIMS hospital from various nearby States. On seeing the day to day increase of requests for blood donation, PRERNA designed and launched a NATIONAL LEVEL web portal for on-line registration of blood donors. The website is www.blooddonations.in.



DREAM OF PRERNA

PRERNA is primly working with “Homeless Community/street/slum children”. During the continuous field work and interaction with the homeless community, it is strongly felt that there is a need of a ‘compact shelter for children of Homeless Community/street/slum children’. It was noticed that many children who are dependent on their relatives (without parents either one or both) as well as the children whose parents are not able to provide proper education to their children, are very keen to learn. However, their living atmosphere does not allow/ motivate the children for regular Education and they are not able to give due priority and attention to access the requisite Education/health care. We are getting success through the non-formal education (Non Formal Education) in motivating the children for their Formal Education in regular school. However, a ‘compact shelter for children of homeless community/street/slum children’ will give more opportunity /good atmosphere for good regular education of these children through which we may send these children in various higher education/various jobs.

INTERNS OF PRERNA

- Ashima Sharma (NIFT)
- Ishita Jindal (NIFT)
- Kriti Jindal (NIFT)
- Attreyi Haldar (NIFT)
- Ritika (Institute of Home Economics)
- Himani (Institute of Home Economics)
- Gaurav Jain (NMIMS University Mumbai)
- Mohit Sud (NMIMS University Mumbai)
- Ankit Bahri (NMIMS University Mumbai)
- Zeeshan Khan (Aligarh Muslim University)
- Abdullah Faizan (Aligarh Muslim University)
- Shaziya Gargi College (Delhi University)
- Komal Jain Gargi College (Delhi University)
- Bhoomika Gupta Gargi College (Delhi University)
- Ritik Dayal Singh College (Delhi University)
- Heena Gargi College (Delhi University)
- Jahnavi Gargi College (Delhi University)
- Komal Kamla Nehru College (Delhi University)

PHOTO STORY OF CHANGES (STREET TO SCHOOL AND THEN AT BIG STAGE) IN THE LIFE OF HOMELESS CHILDREN





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